



YOGAARTHI School Of Indic Studies



Affiliated by Kavikulaguru Kalidas Sanskrit University, Ramtek, Nagpur
(A Maharashtra State Govt & UGC Recognised University)

Summary of Program

Name of the Program	M.A. Sanskrit (Darshan)
Program Duration	02 years (04 Semesters)
Program Type (Master/Bachelor)	Masters
Mode of Learning (Regular/ Distance learning)	Regular
Medium of Instructions	Multilingual (English, Hindi and Marathi Only)
Medium of Examination	English, Hindi, Marathi and Sanskrit
Eligibility	Any Graduation <i>Previous Sanskrit Graduation or Proficiency is not needed.</i>
Marking Scheme	80 Marks Theory Paper 20 Marks Internal Assessment 3 hours Paper Exam Centre : Thane and Pune

Syllabus of Program

Semester 1

Paper 1 - General Paper -I - MASD1-I-01

Module I - Selected hymns from Rigveda

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|----------------------|-------------------|
| 1) Agni (1-1) | 2) Indra (2.12) |
| 3) Nasadiya (10.129) | 4) Soma (9.80) |
| 5) Varuna (1.25) | 6) Vishnu (1.154) |

Module II - Kiratarjunuyam (First Canto)

Module III - Mrichhakatikam Act 1 to 5

Paper 2 - Introduction to Indian Philosophy- MASD1-I-02

Module I. Brahmasutra Shankarabhashya 1.1.4 with Adhyasabhashya

Module II. Ashtavakragita (1,2,3 chapters for detailed study)

Paper 3 - Yoga and Vedanta - MASD1-I-03

Module I. Gaudapadarika (Agama & Vaitathya Prakarana)

Module II. Vedanta-Paribhasha (Upamana Pramana Paryantam)

Paper 4 – Research Methodology- MASD1-I-04

Unit 1 – Introduction to Research Methodology

Meaning and definitions of research; Aim and objectives of research; Significance of research; Types of research; Research Approaches; Research methods Vs. methodology; criteria of good research; important qualities of good researcher; Steps involved in research process.

Unit 2- Research Methodology

Selection of Problem, Review of Literature, Data collection, Data analysis, Research out line , Hypothesis, Synopsis, Abstract, Research Paper, Thesis format.

Unit 3 – Descriptive Statistics

Statistics in research; Normal distribution; Frequency distribution; Measures of central tendency, mean, median, mode; Measures of dispersion, range, variance and standard deviation; Graphical presentation of data– Bar graphs, Pie chart, line diagram, scatter plot; Paired samples t test; Percentage change.

Unit 4 – Philosophical Research, Philosophical Research Institutes and Journals

Meaning and Nature of Philosophical research; Need and scope of Research in the field of Philosophy; Philosophic-literary research;

Prominent Institutes involved in the field of Philosophical research, history and review of their research work; Philosophical research journals, National and International.

Paper 5 – Introduction to Yoga- MASD1-I-05

Unit I - Definition of Yoga – concepts, misconceptions, aims and objectives History of Yoga and Yogasutra, Philosophy of Yoga

Unit II - Ashtanga Yoga , Introduction of Asanas, pranayama, mudras, bandhas and kriyas.

Unit III - Difference between yogic and non-yogic exercises Suryanamaskar, Meditation (Dhyana)

Semester 2

Paper 1 - General Paper -I - MASD1-II-01

Module I - Nirukta Adhyaya I

Module II - Selected hymns

1. Vishvamisra Nadi Samvada (3.33)
2. Akshadevana (10-34)
3. Purushasukta (10-90)
4. Shivasankalpa (Yajurveda)
5. Medhajanana (Atharvaveda 1-1)
6. Pruthvi Sukta (Atharvaveda 12-1 First Five mantras)

Module III - Mricchakatikam Act 6 to 10

Paper 2 - Nyaya & Modern Indian Philosophy-(MASD1-II-02)

Module I. Brahmasutra Shankarabhashya 2.2 (Tarkapada)

Module II. Vedanta-Paribhasha (Remaining part)

Paper 3 - Yogasutra & Vriddhashikksha (MASD1-II-03)

Module I. Gaudapadarika (Advaita & Alatahanti Prakarana)

Module II. Panchadashi (First three chapter)

Internship - MASD1-II-04

Each student has to undergo compulsory one-month internship at any organization or the organization suggested by University department, conducting the academic activities:

The report has to be submitted along with the completion letter from an institution where the internship is being done for the final assessments

Paper 4 - Indian Sanskaras (MASD1-II-05)

UNIT – I: Jatakarma, Namakarana, Nishkramana, Annaprashana Garbhadhana, pumsavana, anavadohana,

UNIT – II : seemanta-unayana , Chaula , Upanayana, Samavartana, Vivaha

Semester 3

Paper 1 - General Paper -I - MASD1-III-01

Module I - Karakaprakaran (Vaiyakaransiddhantakaumudi)

Module II - Sankhyakarika

Module III - Dootvakyam of Bhasa

Paper 2 - Nyaya & Advaita Vedanta (MASD2-III-02)

Module II Shribhashya (Laghusiddhanta)

Module II Bhaktirasayana of Madhusudan Saraswati

Paper 3 - Pratyabhijna & Nastik Darshan (MASD2-III-03)

Module I History and Development of Vedanta, Kevaladvaita, Vishishtadvaita, Dvaita

Module II Madhvarashana from Sarvadarshanasamgraha

Paper 4 - Research Project (MASD2-III-04)

A research project is to be carried out by the students under the guidance of lecturer. Students have to select their topics after approval by respective guides. After successful completion of the project, report is to be submitted for the final assessment. The final assessment will be based on project report and presentation of the research project followed by VIVA.

Students can do the project individually or in a group. The group will be consisting of minimum two students to maximum 4 students depending on the scope of selected topic.

Paper 5 - Hindu-Rituals, Festivals and Customs (MASD2-III-05)

Unit I- Hindu Customs

Unit II – The Hindu Rituals-samskaras

Unit III –Hindu Festivals Introduction to origin and significance

Unit IV –Hindu Calendar Astronomy and Festivals

Semester 4

Paper 1 - General Paper -I – MASD2-IV-01

Module I - Inscriptions -

- i) Girnar-rock inscription of Shaka Kshatrapa Rudradaman - Shaka year 72
- ii) Poona Plates of Vakataka Queen Prabhavati Gupta
- iii) Meherauli Pillar inscription of King Chandra
- iv) Samudragupta inscription - Prayaga Prashasti
- v) Aihole inscription

Module II - Vindhyavasini Vijayam (First Canto)

Module III - Yadnyavalkya Smruti (Dayadabhaga)

Paper 2 – Nyaya & Advaita Vedanta (MASD2-IV-02)

Module I Shribhashya (Mahasiddhanta)

Module II Vallabhabhashya (selected portion)

Paper 3 - Advaita & Mimamsa (MAY-IV-03)

Module I History and Development of Vedanta, Shuddhavaita, Dvaitadvaita, Achintyabhedabheda, Shivadvaita.

Module II Gitabhashya Ramanujacharya (2nd, 9th & 18th chapter)

Paper 4 – Dissertation (MASD2-IV-04)

- A Dissertation is to be carried out by the students under the guidance of lecturer.
- Students have to select their topics after approval by respective guides.
- After successful completion of the Dissertation, report is to be submitted for the final assessment.
- The final assessment will be based on Dissertation report and presentation of the Dissertation followed by VIVA.

Paper 5 - Philosophy of the Bhagavad Gita (MASD2-IV-05)

Module 1: Paths to liberation:

- a) Jnana Yoga b) Karma Yoga c) Bhakti Yoga d) Reconciliation of Jnana, Karma, Bhakti

Module 2: Vinoba ji's Views on Sthitaprajna:

- a) Vinoba ji's Views on Sthitaprajna- Positive & Negative Description b) Bhavana as Parinishthita Buddhi
c) Trisutri-Bhavavastha, Kriyavastha, Jnanavastha d) Om Tat Sat

Module 3: Some of the Key Concepts:

- a) Vishvarupa-darshana and Vibhuti yoga b) Avatara c) Svadharma d) Lokasamgraha & Three Types of Penance, Diet, Sacrifice, & Charity

Unit III: Some of the Key Concepts:

- a) Vishvarupa-darshana and Vibhuti yoga b) Avatara c) Svadharma d) Lokasamgraha & Three Types of Penance, Diet, Sacrifice, & Charity

Unit IV: Organisations devoted to the Studies of Bhagavad Gita & Dissemination of Ideas in the Gita:

- 1) Chinmaya Mission 2) ISKCON 3) Svadhyaya Parivar 4) Gita Dharma Mandal 5) Gita Santha Varga